

SACK LUNCH ORDER FORM

Quantity Ordered_____ lunches Ordering Official_____ Fire_____

Entrée 1 (Each day 1/3 of the sandwiches ordered shall be made with turkey, 1/3 shall be made with ham and 1/3 shall be made with roast beef.)

Check Appropriate circle:

- ☐ Pre-wrapped Meat Sandwich (3 ½ oz. sliced whole muscle meat)
- ☐ Pre-wrapped Meat Sandwich w/cheese (combination of sliced whole muscle meat and cheese (minimum 3 oz. meat)
- ☐ Sandwich with Non-meat Substitute (Vegetarian) Quantity _____ lunches
- ☐ Super-sized hoagie or submarine (having a minimum combination of meat and/or cheese weighing 7 ounces used in place of Entree 1 and 2)

Entrée 2 (shall contain a minimum of starch (2-3 oz) and protein (3 ½ oz) in a quantity equal to entrée)

- ☐ Same as Entrée 1
- ☐ two 1 to 1 1/2 ounce slices of 7-grain bread, 2 oz. of peanut butter, and 1-2 oz. individually wrapped packages of string cheese
- ☐ one 2-3 oz. bagel with 1-2 oz. of cream cheese and a 1 ¼ oz. package of jerky
- ☐ one 2-3 oz. croissant with 1 oz. of jelly, 1 ½ oz. of cream cheese, and a 1 ½ oz. package salted peanuts
- ☐ two 1 ½ oz- slices of specialty bread a packet of snack Carrots, 2 oz- of flavored cream cheese, and a 1 oz. package of walnuts
- ☐ 2-3 oz. pita (pocket bread), with 3 ¼ oz. of canned tuna and ¼ oz of other protein (such as peanuts or a cheese stick) for a total of 3 1/2 oz. of protein, and a packet of celery/carrots/dill pickles
- ☐ two 1 1/2 oz. slices of whole wheat bread and 1 oz. of peanut butter, 1 oz. of jelly, and a 2 1/2 oz. individually wrapped package string cheese
- ☐ one 7 oz. can of corned beef hash, a 1 1/2 oz. pumpernickel roll, and a 1 1/2oz. package of jerky
- ☐) one 7-8 oz. can of chili/barbecued beans/beanie weenies, a 1-1/2 oz. package of salted crackers, and a 1 ½ oz package of crunchy bread stick(s)
- ☐ two 6 oz. pre-wrapped, unfrozen burritos or chimis

See back of page

Each sack lunch shall also include:

Fruit: The fruit shall be one apple (minimum size 100 count) or one sweet orange (minimum size 88 count), or other fresh fruit of comparable size. For variety 2oz. of factory wrapped dried apricots, cherries, dates, mango, pineapple, pears, banana chips, peaches, prunes, raisins or other dried fruit should be substituted for fresh fruit a minimum of once every 3 days, but not on a daily basis.

Pre-wrapped Cookies - A minimum of 1.65 ounces of pre-wrapped cookie(s), brownie(s), or granola (or similar) bar(s). For variety a different product should be used every other day. .

Fruit Juice - Two individual canned (no glass) 100% pasteurized fruit juices with "pop-top" cans (minimum total of 11 oz.) or non-crushable paper-type containers (for example: Sunglo).

Pre-wrapped Snack - a minimum of 2 ounces of pre-wrapped candy bar(s) or bagged candy, or 2 ounces of factory wrapped trail mix, fresh vegetables, pretzels or shelled nuts. For variety, a different product should be used every other day.

Condiments - Four individual packets of factory wrapped/sealed condiments appropriate for the entree's being served.

Paper napkin and moistened towelette. 2 each.

Chewing Gum or Mint - One stick chewing gum or plastic wrapped hard mint.

Condiments shall be individual packets and not put directly on the bread

The meat sandwich shall be wrapped in plastic wrap or plastic bags.